



## GUIDELINES TO JNA OPENS OVER 35's COMPETITION

Minimum age: must be turning 35yrs in current season

- 15-week season
- Teams graded based on club recommendation
- No regrade
- No finals
- Top of the ladder premiers (no runners-up)
- May use up to 2 fill-in players per game, with minimum age of fill in being 25yrs of age.
- No fill-in players permitted to play in last game of season, as per Spring Policies.
- Refer to JNA Game Management Handbook for Competition for further policies and procedures (available on the JNA Website)

If a minimum of 4 teams do not register for Opens 35+ competition then the registered teams will be moved to the Open Social competition, if one available.

## GUIDELINES TO JNA OPENS SOCIAL COMPETITION

Minimum age: must be turning 18yrs in current season

- 15-week season
- Teams graded based on club recommendation
- No regrade
- No finals
- Top of the ladder premiers (no runners-up)
- May use up to 2 fill-in players per game, with minimum age of fill in being 15yrs of age.
- No fill-in players eligible to play in last game of season, as per Spring Policies
- Refer to JNA Game Management Handbook for Competition for further policies and procedures (available on the JNA Website)

If minimum 4 teams do not register for Opens 35+ and/or Opens Social competitions then the registered teams will be moved to the Opens competition and will be governed by the current JNA policies for the Opens competition.